

Clayoquot Biosphere Trust Final Report Template for Grant Recipients

The CBT wants to know about the success of your project!

Final reports are due twelve months from receipt of funds. Once complete, please submit electronically to rebecca@clayoquotbiosphere.org. In addition, please attach any press materials or other appropriate materials such as scientific reports, brochures and newspaper articles. Photos are greatly appreciated! All reports and photos may be posted on the CBT website and used in other communications. Proponents are strongly urged to present their project results at CBT sponsored events in the region.

1. Organization Information

Organization Name: Uu-a-thluk - NTC Fisheries

Address:

Contact person: Norine Messer

Job Title: Capacity Building Coordinator

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2. Project Details

Project Title: Nuu-chah-nulth Traditional Foods Tool Kit Demonstration Projects

CBT Funding received: \$1,800.00

Total Project Budget: \$2,524.00

3. Final Report Questions: Please briefly answer the following questions in point form or paragraph format.

a. If your project has changed from your original proposal, please describe how and why it has changed.

We were able to do inter-generational demonstrations from the Nuu-chah-nulth Traditional Foods Tool Kit in communities, but we did not have enough funds to do demonstrations in the schools. The Toolkits were distributed to schools in the Biosphere Reserve, but no demonstrations occurred. We still hope to do school demonstrations in the future.

Through these demonstrations and through funding from New Horizons for Seniors Uu-a-thluk is able to create two new resources a Reference Guide and a DVD.



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b. What was the impact of your project at the individual, community and regional level?

We were able to do Traditional Foods Tool Kit demonstrations in Hitatcu, Esowista, Ahousaht and Hotsprings. In Hitatcu we took 14 youth and Elders out fishing for Salmon. The youth then learned how to cut and traditionally BBQ the fish on cedar sticks. Thirty youth and Elders from Hitatcu also participated in a Pit Cook where vegetables were cooked in a Traditional underground pit oven. The BBQ and Pit Cook culminated in a feast for the community on the beach that was attended by 70 community members.

In Ahousaht youth and Elders also caught, cut and cooked a Salmon BBQ and did a Pit Cook to serve to the community. The theme of this event was stewardship and the gifts of food. Elders gave many teachings about being respectful of resources and the animals that feed the community. As part of this demonstration youth cleaned up front beach where the feast was held. The feast was attended by 100 people from the community.

In Esowista and Echachis Tla-o-qui-aht youth and Elders participated in Traditional Food activities and

c. Describe the community involvement and collaboration with other organizations.

Uu-a-thluk collaborated with Nuu-chah-nulth communities on the Traditional Foods Toolkit demonstrations. These were very successful partnerships. We worked with youth workers, teachers, nurses, other health and human service workers, Elders, Ha'wiih and Administration in communities. This was a huge success as these are the people we hope will utilize the resources we have created through ongoing programming.

Uu-a-thluk also partnered with the University of Victoria Science Venture camp to incorporate the demonstrations into the summer camps they were delivering in communities. This gave us easy access to youth and also allowed us to highlight Nuu-chah-nulth science concepts related to traditional foods.

We also partnered with Tla-ook Cultural Adventures and West Coast Fish to get youth out on the water and land.

d. What lessons were learned along the way that should be shared with other groups and/or projects?

Inter-generational knowledge exchanges and hands on activities are great ways to teach youth and communities how to harvest and prepare traditional foods. Creating the Nuu-chah-nulth Traditional Foods Toolkit has empowered communities to take ownership of their own cultural knowledge by creating resources that encourage communities to engage in traditional Foods activities and knowledge exchanges. These demonstration projects were a great way to launch the Toolkit as communities got to participate in activities and see the effectiveness of inter-generational exchanges first hand. Uu-a-thluk was then able to give participants copies of the resources to use in their communities.



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e. How have you communicated the results of your project to local residents?

We have reported on the Toolkit demonstrations in the Ha-shilth-sa and in community newsletters. The toolkit is also available on Uu-a-thluk's website. Please see the below link to articles about the Toolkit and demonstrations.

http://www.uuathluk.ca/WEB_HSS%20Toolkit.pdf

http://www.uuathluk.ca/WEB_HSS%20Science%20Camp.pdf

http://www.uuathluk.ca/WEB_HSS%20Ahouaht%20Clean%20Up.pdf

f. How did your project help to achieve the CBT's *Mission*?

This project supported the transmission of traditional food knowledge and skills. The project also increased knowledge of issues affecting the local environment, fish stocks, local food access, health and protocol.

g. How did your project contribute to the CBT's *Measuring Community Health Initiative* and/or our Core Priorities of *Healthy Food, Healthy Communities* or *Youth and the Biosphere*? Please see our website for a description of these projects, including a list of indicators that we are interested in.

This initiative increased skills and sparked dialogue around healthful eating and community access to foods. Valuable skills, tools and techniques around harvesting, preparing and preserving foods were passed on to youth. Youth were students, teachers and leaders in this initiative.



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4. Project Budget

We require a detailed budget reconciliation . Please provide explanations for large variances between the original budget and actual expenses. Please include contributions from all other sources of funding.

Item & Description	Budget	CBT funded expenses	Expenses funded from other sources	Total Actual Expenses
Salaries & Benefits				
Honouraria		\$700.00		\$700.00
Facilities Rental				
Materials & Supplies				
Food		\$480.00		\$480.00
Other (please specify)				
Boats		\$620.00	\$724.00	\$1,344.00
Total		\$1,800.00	\$724.00	\$2,524.00



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