

Clayoquot Biosphere Trust

Final Report Template for Grant Recipients

The CBT wants to know about the success of your project!

Final reports are due twelve months from receipt of funds. Once complete, please submit electronically to rebecca@clayoquotbiosphere.org. In addition, please attach any press materials or other appropriate materials such as scientific reports, brochures and newspaper articles. Photos are greatly appreciated! All final reports will be posted on the CBT website. Proponents are strongly urged to present their project results at CBT sponsored events in the region. Note: Mac users will not be able to save this form. Please print and submit a hard copy.

The Clayoquot Biosphere Trust supports research, education, and training initiatives for conservation and community health in the Clayoquot Sound UNESCO Biosphere Reserve Region.

Westcoast Community Resources Society
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or Margaret Morrison, ED

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Project Title: Challenging Cultures of Violence: Promoting More Peaceful Communities Through Prevention Education

CBT Funding Received: \$2500. Total Project Budget: \$5000.

3a. If your project has changed from your original proposal, please describe how and why it has changed.

This report is specific to the c.a.r.e. Kit Facilitator's Training of the Westcoast Community Resources Society's (WCRS) Prevention Education Program. The c.a.r.e. Kit is an award winning personal safety program for children aimed at prevention of child sexual abuse. The initial proposal involved delivering the program to children. Important changes from the original proposal include training adults in communities to deliver the program, provision of c.a.r.e. Kits to each participating community and provision of comprehensive information packages to each participant. Participating communities/organizations also received copies of the book "Ten Steps to Creating Safe Environments for Children and Youth – a risk management road map to prevent violence and abuse." These changes were made because access to the Kit and other resources, combined with mentoring and opportunities for professional development, will increase individual and community capacities to promote safe, respectful and supportive relationships from within. WCRS rented a projector and screen for use in the workshops. Because of the complex and sensitive nature of the workshops, additional time was required in preparation of materials. The c.a.r.e. Kit Facilitator's Training Workshops is separate and distinct from other capacity building initiatives made available to local communities by WCRS, i.e. the Trauma Informed Practice, Community Restorative Justice, and the Male Trauma workshops held in April.

3b. What was the impact of your project at the individual, community and regional level?

Five workshops were organized in collaboration with participants from Hotsprings Cove, Ahousaht, Opitsaht, Esowista, and Itattsoo. More than 35 individuals registered for the c.a.r.e. Educator's Training Workshop, with 26 participating and 24 completing evaluations. These Professional Development workshops averaged six hours in length and will enable those who work with children/youth to deliver the c.a.r.e. Kit. Program evaluations completed by these participants have rated the need for the program and training at the highest levels.

The workshop comprises three main sections:

- 1) Training Objectives, c.a.r.e. Kit training outline & dynamics of sexual abuse
- 2) Introduction to Intervention, handling disclosures, protocols, school policies
- 3) Orientation to c.a.r.e. Kit materials, key concepts and teaching strategies

Following the workshops, participating communities and individuals have expressed interest in strengthening/developing organizational policies and increased appreciation of laws protecting children, reporting procedures and the duty to report. There is interest in exploring ways to engage parents and the communities at large in promotion of child safety and violence prevention. Many participants expressed interest in further workshops on violence prevention and a desire to involve the broader community. Several commented on the importance of capacity building workshops like the c.a.r.e. Kit Training and other workshops made available to all communities, for example the Trauma Informed Practice, Community Restorative Justice, and the Male Trauma workshops held in April.

3c. Describe the community involvement and collaboration with other agencies.

In most cases, information sessions and presentations about the workshop were held in advance. Organizational staff, e.g. health and holistic staff, caregivers and teachers, and Band Council members helped to identify workshop participants and ensured they were aware of the workshop. The communities provided workshop space, nutritional breaks and lunches. Staff were given time off to participate and participation in the workshop was mandatory in some communities. The Canadian Red Cross was very supportive of the workshops and provided resource materials. Tin Wis, Coastal Community Credit Union and the CBT provided funding dedicated to specifically to the c.a.r.e. Kit component. Make It Happen Society did outreach in its ongoing work and the Westcoast Community Resources Society contributed supplies, overhead and some staff time.

3d. What lessons were learned along the way that should be shared with other groups and/or projects?

Opportunities for professional development locally are severely limited and the costs to access outside training, which involves registration fees and also travel, meals and accommodation, can be prohibitive. Competing events, conflicts in timing and competing priorities are minor setbacks and can be overcome. Be innovative. Be respectful. Be persistent. Be flexible. Workshops that take place in communities are more effective in terms of logistics and use of funds and experience higher levels of participation.

3 e. How have you communicated the results of your project to local residents?

Participating communities will include photographs and write-ups in their own newsletters if desired. WCRS will include information about its capacity building workshops in meeting discussions/reports, bi-annual newsletters and its annual report.

3 f. How did your project help to achieve the CBT's *Mission*?

The aim of the Prevention Education Program is to break the cycle of abuse, neglect, harassment and interpersonal violence through prevention education and to promote safe, healthy communities. Children, youth, adults and communities as a whole will benefit, as will service providers. The provision of tools, training, resources, information and equipment helps to build confidence levels.

3 g. How did your project contribute to the CBT's *Measuring Community Health Initiative* and/or our Core Priorities of *Healthy Food, Healthy Communities* or *Youth and the Biosphere*? Please see our website for a description of these projects, including a list of indicators that we are interested in.

- Nuuchahnulth Language/Culture – some elders shared traditional teachings about personal safety
- Education – youth who are not traumatized by violence can better focus on their studies. The workshops increased knowledge levels of those in the helping fields and provided important legal information, guidelines and suggestions for agencies.
- Youth – are better protected by knowledgeable, confident and able community workers.

- Local services – increased knowledge and capacities for local workers and increased awareness of all services available to our communities for child protection and support.

ITEM & DESCRIPTION	ANTICIPATED COST (FROM ORIGINAL APPLICATION)	ACTUAL COST	OTHER CONTRIBUTIONS (INCLUDING SOURCE)	TOTAL COST
Salaries & Benefits				
Preparation, Outreach & Implementation (Sep-Jun, 2010)		606.00	538.00 (BCYTH) 606.00 (CCCU) 500.00 (WCRS)	2250.00
Additional Training (facilitator)			525.00 (WCRS) 250.00 (CRC/MIH)	525.00 250.00
Facilities Rental				
Venue			\$200.00 (Band Councils, in-kind)	200.00
Materials & Supplies				
Equipment Rental (projector&screen)		400.00		400.00
c.a.r.e. Kits X 5		1080.00	160.00 (Tin Wis) 260.00 (CRC, in-kind)	1500.00
Photocopying, Misc. Supplies (flip charts, markers, postage etc).			350.00 (CCCU)	350.00
Resource Books: Ten Steps to Creating Safe Environments			60.00 (CRC)	60.00
Videos & Roleplays			40.00 (Tin Wis)	40.00
Binders & Certificates		86.00		86.00
Other (please specify)				
Travel & Accommodation		320.00		320.00
Food & Snacks			50.00 (CCCU)	50.00
Breaks & Lunches			300.00 (Host agencies, in-kind)	300.00
Admin			200.00 (WCRS)	200.00
Total		\$2492.00	\$4039.00	\$6531.00
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