

**Leadership Vancouver Island
Final Project Report
“Dream Team”
June 7, 2020**

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1. Team Overview

The “Dream Team” is composed of Jody Kirk (Tourism Tofino), Troy Ramaglia (Pacific Sands Resort), Colin Robinson (Clayoquot Biosphere Trust), Alyssa Fleishman (Nuu-chah-nulth Tribal Council / North Island College), and Sam McCullough (Long Beach Lodge Resort). With a range of backgrounds across the hospitality and community-service sectors, the team wanted to explore the social fabric of the region and learn more about the challenges and opportunities faced by youth who live here.

Team members resided across the towns of Ucluelet and Tofino. We all come from settler backgrounds and are aware that our team lacked an Indigenous perspective, but we have done our best to reach out to Indigenous mentors and coaches through the project. Alyssa brought her network and relationships through the NTC which helped expand our perspective.

Our primary coach was Brooke Wood, LVI Coordinator and CBT outreach coordinator. She provided vital guidance and encouragement as we defined the direction and scope of our project before and during the outbreak of COVID-19 and she connected us with numerous useful resources over the course of our work.

2. Project Summary

Our region is an incredible place for youth to grow up although it’s remoteness, distributed communities, transportation barriers, income inequality and small populations make it hard for many youth to take advantage of what the area has to offer. We wanted to explore these challenges in greater detail and make some contributions toward addressing them. Through research, planning, and stakeholder outreach between February and June 2020, we have tried to lay some useful groundwork for a youth development program modelled after Leadership Vancouver Island (periodic learning days/field trips that focus on personal development and community-building through connection to people and place).

At our proposal presentation to the LVI Board in February, we received the recommendation to narrow the focus of our project. The pandemic helped us narrow the scope by reducing what type of outreach work was possible (e.g. meeting with youth in person was impossible and many stakeholders (e.g. youth workers, teachers) were unable to engage with us in the way we had hoped). However, we discovered a number of useful resources (especially the raw data collected during the Youth Vital Conversation convened by the Coastal Family Resources Coalition and the Westcoast Children’s Resiliency Initiative at Tin Wis in December 2019) that helped us make our project more tangible as we did “secondary research” primarily working from our homes as a distributed team.

We were not able to generate specific plans for a leadership program as we had initially hoped, but we were able to transcribe and collate the youth Vital Conversation data and do some analysis which can be interpreted in the context of future youth program development. We also created several useful lists of resources that can be used.

3. Community Partners

Clayoquot Biosphere Trust (CBT). As the local community foundation and UNESCO Biosphere region, the CBT team were able to provide us with comprehensive background about previous youth research that had been done in the past, make recommendations about our path forward, and connect us with Vital Signs youth data, as well as the Youth Vital Conversation data collected in December 2019. As the Vital Conversation was organized by the Coastal Family Resources Coalition and the Westcoast Children’s Resilience Initiative, these organizations (administratively housed by the CBT) can also be considered community partners.

We planned to work more closely with Maaqtusiis and Ucluelet Secondary Schools and the Rec departments at the Districts Ucluelet and Tofino and regional First Nations, but the COVID-19 crisis limited our team’s ability to conduct outreach and limited the ability for staff to respond to our team.

4. Deliverables and Milestones

The primary deliverable of our project ended up being the transcription, collation, and analysis of the Youth Vital Conversation data mentioned earlier in the report. We also created several lists of recommendations and resources in response to specific “asks” from youth at the Vital Conversation to inform future youth program development.

4.1 Youth Vital Conversation Data

Summary of Youth Vital Conversation

On December 4, 2019, the Tla-o-qui-aht First Nation welcomed the Coastal Family Resources Coalition and the Westcoast Children’s Resilience Initiative to co-host a Youth Vital Conversation at Best Western Plus Tin Wis Resort. Using data from CBT’s Vital Signs report as a starting point, approximately 50 teens from Maaqtusiis and Ucluelet Secondary Schools came together to discuss how to make our region a better place to grow up. They shared thoughts on quality education, personal and professional development, mental health, substance use, transportation, recreational programming, and many other topics. The day featured drumming and singing, a Nuu-chah-nulth prayer at lunch, and a screening of Finding Solitude Film, all led by youth attendees.



The youth voices heard were passionate and engaged. By the end of the day, it was clear that youth here love their home, even with the challenges of being rural and remote. They want a region where they feel they can stay, learn, grow into adulthood, and build a good life!

The Youth Vital Conversation was made possible in part with funding from the RBC Future Launch Community Challenge.

Summary of data collection

The qualitative data was collected primarily through the Open Spaces dialogue facilitation technique, and used five main questions to guide free-flowing discussions. Youth contributed to the selection of questions and topics of discussions, then either transcribed their thoughts themselves on chart paper. Facilitators at discussion tables also transcribed and summarized the conversations. The topics of discussion were:

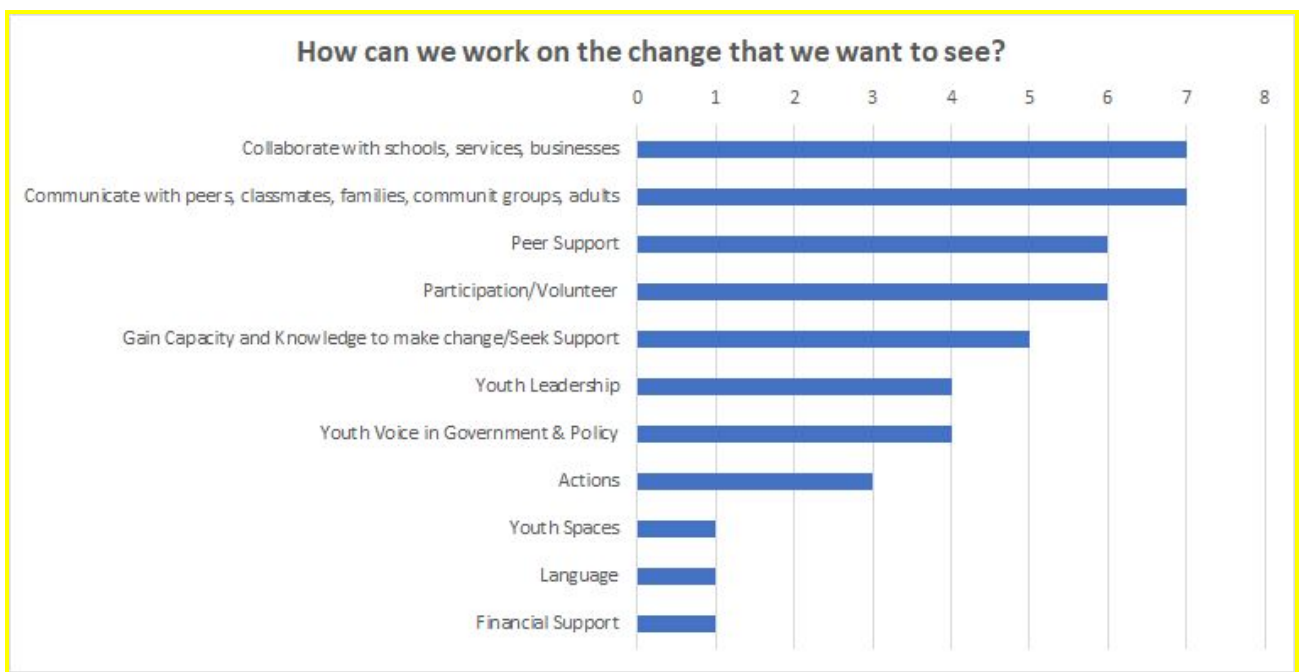
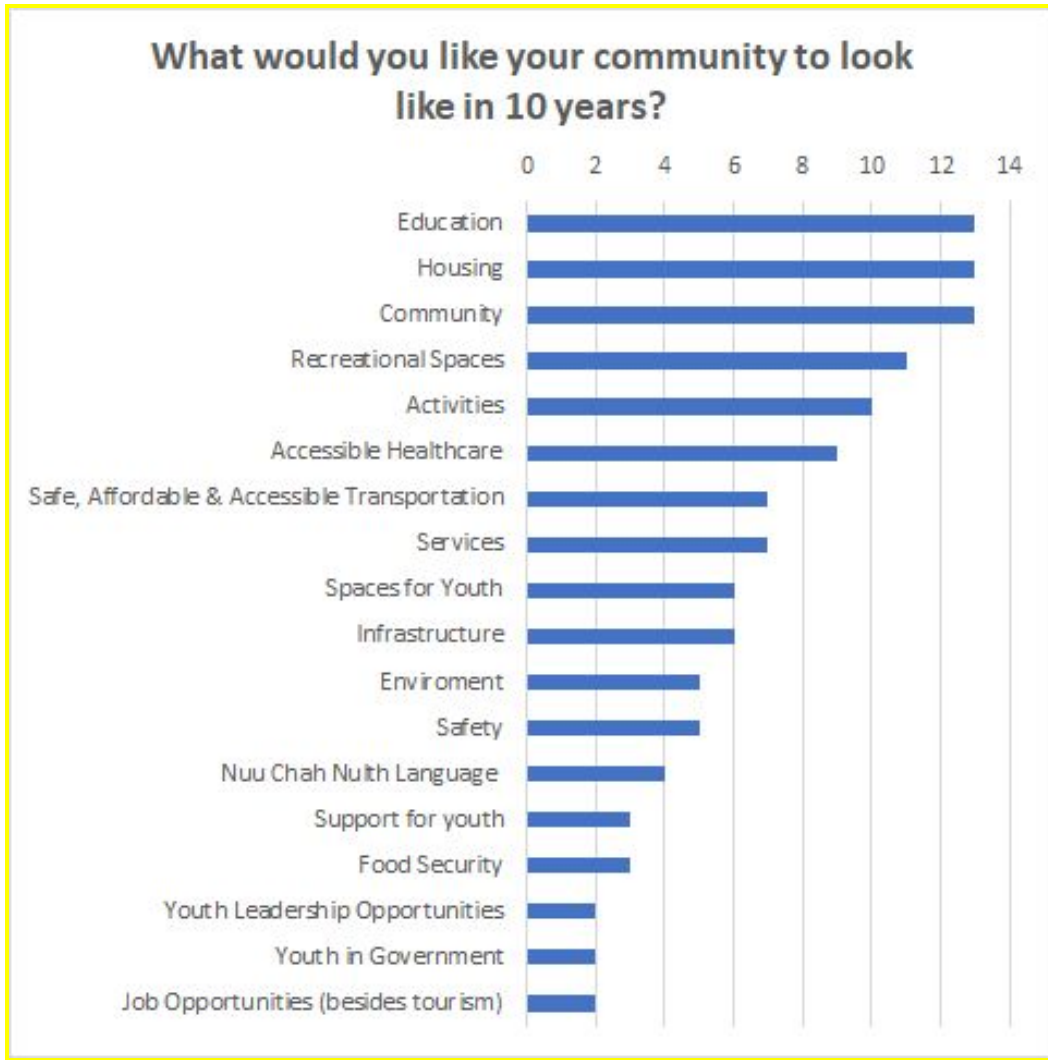
1. What would you like your community to look like in 10 years?
2. How can we work on the change that we want to see?
3. What are the biggest challenges facing youth in our community?
4. How are youth currently leading in community? What could further support?
5. What are some ways the community can support youth?

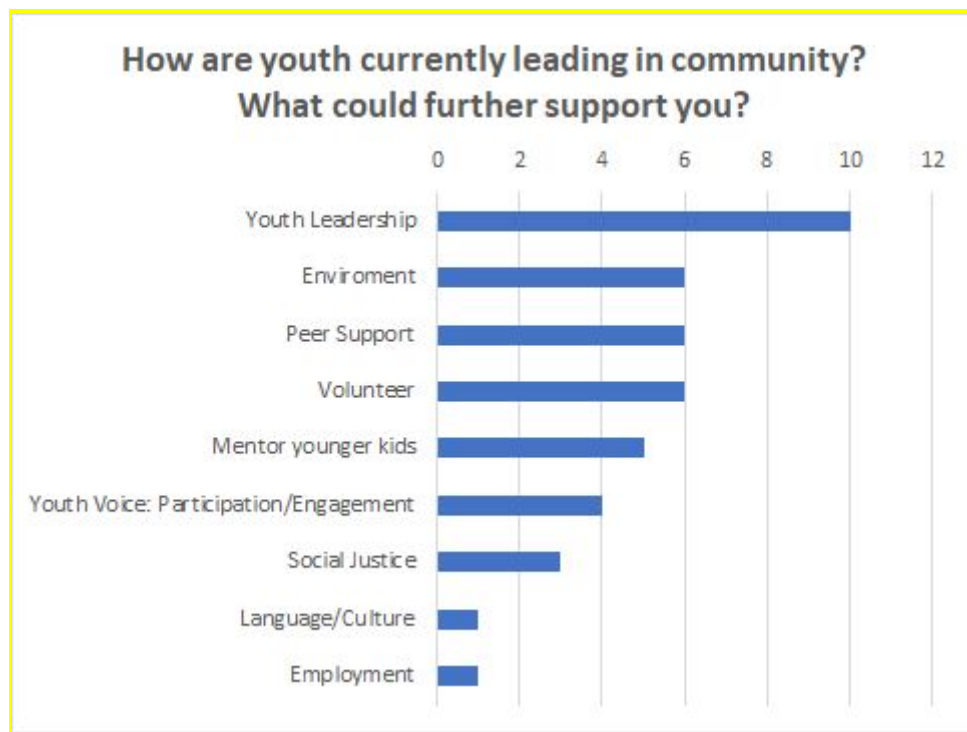
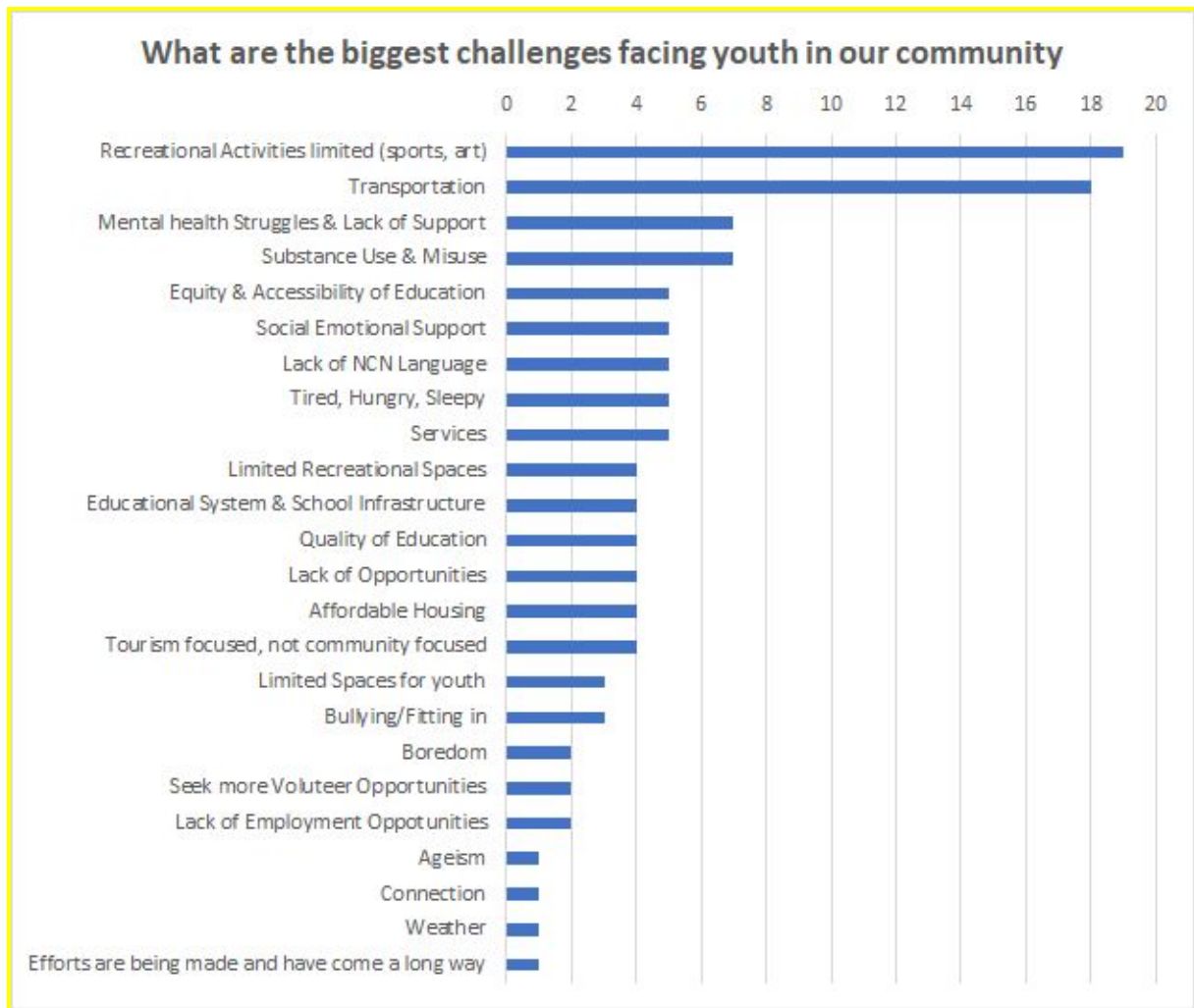
Summary of data collation and analysis

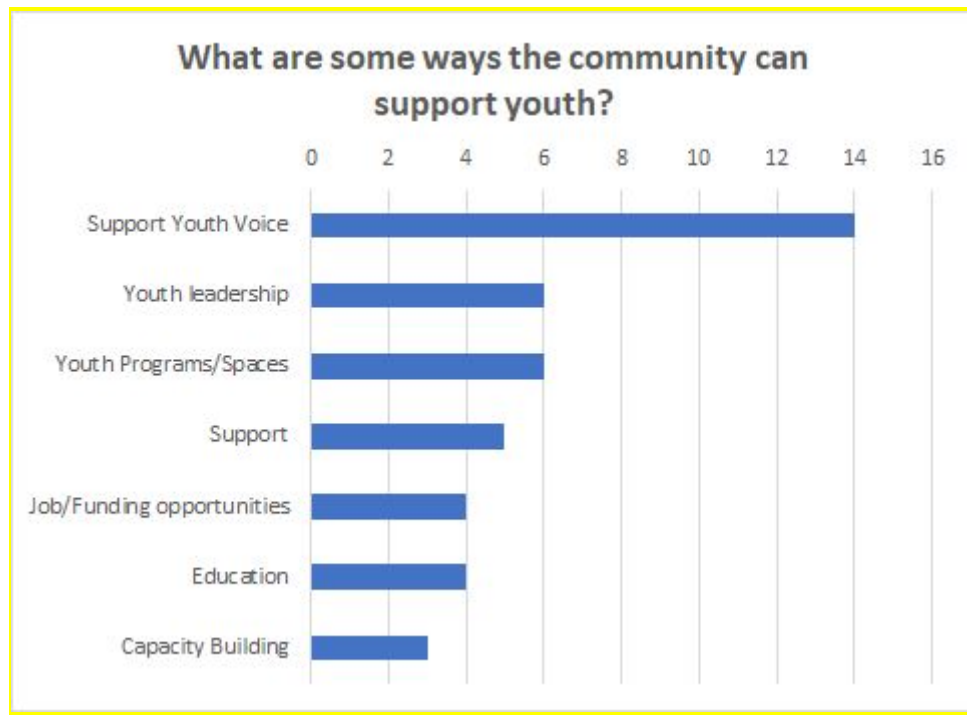
1. Input approximately 30 chart-paper size sheets of hand-written notes into so that it was in a digital spreadsheet format
2. Organized individual jot-notes back into the guiding questions (as it wasn't always clear what question the participants' notes were in response to)
3. Assigned thematic categories to individual response jot notes (e.g. individual such as "bigger school," "higher standard for school," and "different courses like music, woodwork, cooking" we grouped into the theme "education")
4. Talled the number of responses in each theme to observe what priorities "floated to the top" through this qualitative research method

The full data set includes the individual participant response notes and can be found in Appendix A (the .xls folder is also saved in the CBT office server and on [google drive](#)). The data provided useful guidance for our team as we researched and discussed the idea of a local youth leadership program, but it has many other useful implications for youth-driven community development beyond the specific youth-leadership application focused on in this report.

Below are graphs showing the response themes to the five questions discussed on December 4th. The response themes are distributed on the vertical axis and the frequency of responses in each theme is displayed along the horizontal axis.







4.2 Lists of Recommendations

We compiled several resource lists which are described below and included in full in the appendices:

- Existing Youth Programs (Appendix B) that program developers can model a local youth program off of. We chose these programs because they met one or more of the following criteria
 - Focused on remote or rural youth
 - Focused on indigenous youth
 - Were based on Vancouver Island or even within the Clayoquot Biosphere Region
 - Had digital/online components
- Learning Sites and Activities (Appendix C) that local youth had asked for or that came up through our research, community conversation, and brainstorm; these are places and facilities that offer vibrant learning and community-building opportunities but that youth may not have access to for various reasons. Many of these recommendations were generated by youth through the Vital Conversation on December 4, 2019.
- Useful contacts (Appendix D); these include youth workers and youth living in west coast communities
- Speakers and facilitators (Appendix E)

In our initial scoping we had also hoped to compile a list of potential funding sources but were unable to do so as we narrowed scope and as the project context changed.

5. Accomplishments

Building team relationships. In the early stages of team formation, our team was able to build trust and consensus with each other through a series of “dinner meetings” that allowed us to build relationships and enter the project process in a good way. The early days of our team brainstorming and relationships we were able to build with each other pre-COVID are one of our biggest accomplishments. With this foundation, we were able to design and carry out a project (even through the pandemic) that allowed us to understand where our teammates were coming from and allowed us all to work on individual learning goals outlined in our Personal Learning Plans.

Finishing the project during the pandemic. More specific to the deliverables of our project, our biggest accomplishment was the ability to continue striving to complete it in some form despite the disruptions from the pandemic. The Vital Conversation data set played an important part in this accomplishment as it was a tangible “task” we could complete during a time when everything felt “slippery and intangible and highly changeable.”

6. Lessons Learned

Invest the time in getting to know each other and build trust. As alluded to above, spending the time together and- in particular- sharing food together, helped us form the foundation that was crucial for the success of this volunteer/community-building project. It has really helped us navigate the difficulty in coordinating the completion of our project, even though what we’ve created is only a small portion of what we’d initially hoped.

7. Next steps and recommendations.

7.1 Additional Data Analysis. The Vital Conversation data is a simple analysis of a complex data set, and it has more to offer than what we took from it for this project (i.e. we focused on the data’s implications for a youth leadership program but it can tell us lots of other useful information).

7.2 Reopen dialogue with youth and youth workers once the pandemic stabilizes and people have more bandwidth for discussion. The limited dialogue we had with schools and district/Nation offices before the pandemic was positive and there was high interest in such a regional youth leadership program.

7.3 Explore ways the program could be administratively housed by CBT as a part of LVI on the “off year” when adult LVI is not running;

7.4 Explore ways that the program could earn high school credits and/or that it could happen during school hours

In conclusion, we realize that the challenges faced by youth in our region are complex and systemic, and that we certainly cannot solve them through a 4-month LVI project during a

pandemic. We're proud of our team for being able to preserve and cooperate to deliver a smaller, but hopefully still useful project and report. Thanks so much for the opportunity!

Appendix A - Raw data from Youth Vital Conversation

Follow the link to view the [full data set in spreadsheet format](#).

	Question:	What would you like your community to look like in 10 years
Frequency	Theme	Item
10	Activities	activities
		beach activities
		After dark activities that are accessible, advertised better than they are. Just teen age groups
		More activities to keep us busy
		Free programs
		Movie nights
		long term activities and programs
		games, work with young kids
		take care of stray dogs
		sports
11	Recreational Spaces	Poll/Rec center
		Safe place to swim
		Hockey Rink/Gym
		Hockey rink with gym and pool
		Pool open
		playground for kids
		Proper pool
		Playground
		Sports complex (pool)
		Would like to see a gym,
		Safe place to swim where boats don't go
13	Education	More updated school
		High school update
		Bigger school
		More teachers for other courses like cooking, music, film, language, drama photography, woodwork
		No asbestos in the schools

		Real Teachers
		Higher standard for the school
		Teaching younger students
		Taking part in student council
		More trades learning at home
		bigger school
		Gett support from teachers
		Social media in schools
13	Housing	Want there to be places to live
		lots of vacant houses
		More supportive housing
		Pros and cons to vacation rentals more sorted out, Revenue source for families, Increasing housing prices
		Coop housing
		Low income housing
		Housing shortage
		Cheaper housing options
		Housing affordability
		Secure housing for all
		Secure safe housing
		Housing availability
		Don't want all of the condos that are being built for tourism
5	Enviroment	Environmentally friendly, recycling
		Alternative energy (Solar power/wind power)
		More local control over local resources, E.g. fisheries so we can close fishing temporarily, More local stewardship of resources
		Fish farms out, Or moved to isolated areas, Recognizing connectivity and migration, need to reduce impacts
		Need to understand impacts of sport fishing and controlling number of pinipeds
6	Spaces for Youth	Space for youth to hang
		Place for both communities
		Alcohol and drug free places for youth and night- activities, hang out, Wifi, movies, beach activities

		Place to go in the evenings
		Businesses giving back, opening up spaces, hot tub
		More places for youth to go at night/hang out, wifi,
13	Community	Increased connection between Tuff & Ukee, more centered, centralized
		Strong vibrant community
		Less tourist, more community
		Live in an attraction, being able to experience community
		Centralizing interaction of youth between Ukee/Tuff
		Community program
		Help build around the community
		Respect our elders, helping edlers, listening to elders
		Tofino stay smaller with tourism
		Affordability
		Preference for long term locals
		Don't care, going to leave for travel and university
		company/economy unity
9	Accessible Healthcare	better hospital, support for aging folks and new equipment.
		Improvement for hospital, palliative care/birth
		More doctors
		Health facility 24/7 more equipped, more medical training, 24/7 drs and nurses
		Better home care for elders (wheelchair accessibility; new admin office; elevator at school needs to be working)
		More time with youth counsellors and more counsellors
		Help the physicians and the people who ask questions
		Alcohol and drug free
		healthy
7	Safe, Affordable & Accessible Transportation	Better transportation "Saltspring"
		Road quality/closure for access to Port and beyond
		More transportation
		Transportation is too expensive

		Need a system so we don't need cars to attend programs and rec
		drinking and driving
		Safe & reliable highways
7	Services	Grocery Store
		Have a vet
		Less need to travel out of town
		FRs and firefighters
		More stores
		Less need to leave town and travel
		Resource drain
4	Nuu Chah Nulth Language	
		What to see more language classes - going door to door to make people know about events
		A day of language at schools, integrate language into class rooms
		More funding opportunities for language class, recording and teaching
		More NCN words around community (language progra; street names, buildings; language program; more collaboration with elders)
5	Safety	Safer
		safe
		Protecting little kids
		safety
		cops less lenient
3	Support for youth	
		Support youth give hope for the future
		More youth can be supported
		Gett support from leaders
2	Youth Leadership Opportunities	
		Lead by example help people who need support
		Show youth results of their actions
2	Youth in Government	
		Policy development
		More youth in politics, invite youth to meetings

6	Infrastructure	Big house renovated/redo Tbird hall (new lights at Tbird)
		More of a building for training and emergency storage
		More windows and natural light in houses
		Fix gas leaks
		Fix gas leaks
		Sewage. So much rain yet we drought every summer, worries there water/sewage awareness
2	Job Opportunities (besides tourism)	More job opportunities than just tourism & not environmentally
		Job opportunities besides Tourism
3	Food Security	Soup Kitchen
		Food
		Food security
	Question:	How can we work on the change that we want to see?
	Theme	Item
7	Collaborate with schools, services, businesses	Meeting with C&C
		Meet with AEA
		Meet with holistic centre
		Emily, kate, marcie, linda
		Partner with groups like surfrider
		Local business and organization to engage more
		Bigger organization acknowledgement
7	Communicate with peers, classmates, families, communit groups, adults	Coming together on communication issues, writing letters?
		Use your voice
		Talk in class
		Help create more things like this adults will better know

		Increase communications
		Menti.com (survey community groups; share info)
		Talk to families
6	Peer Support	Support to start movement
		Stand up to bullying
		Get help with bullying
		Youth action/adult action
		Relationships
		Collaborate with other youth
6	Participation/Volunteer	Get involved - beach cleans, participate
		Participate in community events, show up at the community center
		Attend classes, first hand experience
		Join board as youth
		Volunteering - calendar
		Take a chance (i.e. join a new position as a youth rep in the district)
4	Youth Leadership	Start with ourselves to make changes to community to region
		Work for it
		follow through - if you say something, deliver it
		Make a crew about a topic
5	Gain Capacity and Knowledge to make change/Seek Support	Take training opportunities
		Increase awareness of current programs
		More qualified
		Come to school/ask
		Ask adults to support (ie. letter writing in class)

	Youth Voice in Government & Policy	
4		Speak to council
		Tell our story/infos to MLA's/MPs, people want to hear from youth
		Engage local government
		Outreach - lobby for more
3	Actions	Enter global contest for playground(talk to tritech or hazelwood)
		Take care of stray dogs
		Photos
1	Youth Spaces	Gazebo gathering place
1	Language	Language night every week (invite elders)
1	Financial Support	Grants
	Other - omitted	? (paper torn) as ____ firefighting
		(paper torn) ____ shows problems ____ changes
	Question:	What are the biggest challenges facing youth in our community
	Theme	Item
18	Transportation	Unsafe drivers (youth drivers)
		Transportation
		Construction on sutton pass and snow
		Boat travel (\$\$)
		Need better transportation between tofino and ukee
		Lack of transportation
		road construction
		Travel
		transportation, link the west coast
		Getting out of town without your license
		Transportation issues
		Long commute from tofino to high school
		Transportation is the biggest issue

		Bus transportation - getting out of town without your license is hard (e.g. Nanaimo before Courtenay)
		Road construction and rain for travelling, it's hard to get to other communities for activities
		Travel
		Concerns about snow in the pass and driving during winter
		road transportation
19	Recreational Activities limited (sports, art)	No indoor recreation sport
		Lack of outdoor activities
		more physical activities to do in the winter
		activity, sports, need space for youth in local initiatives
		sports equipment
		Pool/rec/indoor activities we don't have any during winter
		access to sports
		Gun safety and hunting
		Rain impacts sports
		Hands-on learning and outdoor activities
		I don't have many problems but I surf
		Hands-on learning and outdoor activities-Cooking, woodwork, mechanic, cultural classes, photography
		Activities especially during winter
		Need more after school activities
		Nothing to do, no activities
		Want an art club
		Funding for extracurriculars like art
		After school activities
		Want more youth workshops
4	Limited Recreational Spaces	No bike paths or mountain biking
		Turf field
		Need an ice rink
		No theatre

3	Limited Spaces for youth	drop in tofino, youth general
		Youth centre not open enough
		Community hall in ukee has more activities
4	Educational System & School Infrastructure	education system
		Need quiet learning space
		We want credits for extracurriculars
		No big open library
4	Quality of Education	Higher expectation of students is needed
		USS has low standards academically and we're not ready for uni
		school is not great, quality of education is bad for uni prep
		can be repetitive and not challenging enough for motivated students
5	Equity & Accessibility of Education	Equity for teachers
		Range of student ability and interest in classes is very broad so it's hard to keep everyone engaged
		More hands on learning needed,
		Lack of hands on learning, Gun safety, Outdoor ed in more grades, Culture class, Photography in more grades, Film Making, Music, Cooking Classes, Woodworking, Mechanic.
		Library hours.soare.enviro
3	Bullying/Fitting in	Constantly dealing with douchebag surfers in tofino
		Bullying
		Fitting in
		Speaking up, especially when you're quiet
5	Social Emotional Support	Youth mentorship is needed
		Lack of guidance
		Knowing what is wrong and right, - youth look up to parents, have to stand up for change in community
		Who knows what's right and wrong? Lack of patience

		Family challenges and issues
1	Ageism	Adults think youth are rude
7	Mental health Struggles & Lack of Support	Normalizing discussion about mental health - we do this more than in the past but still have a long way to go
		Depression
		Mental health and depression
		Anxiety from social media
		Depression
		Lack of counseling availability (need more appt times, skype counselors, more counsellors)
		Mental health
7	Substance Use & Misuse	Trying vaping
		Drugs, alcohol, vaping
		High drug use out of boredom
		drugs and alcohol, smoking, cigar, vape
		drugs, alcohol, smoking, marijuana, cigarettes, vaping
		drugs and alcohol, smoking, vapes, marijuana
		Substance abuse
2	Boredom	Its kind of boring here
		Keeping busy is good for us but we're not busy we're bored
4	Lack of Opportunities	Nothing for people between 12-18
		Lack of opportunity
		Need more year round opportunities
		Lack of opportunities
5	Lack of NCN Language	Opa classes and respect for learning
		More culture classes needed
		Lack of NCN Signage
		Lack of language

		Lack of NCN language
2	Seek more Volunteer Opportunities	5 Want more volunteer opportunities
		Want to see youth mentorship with nonprofits and local businesses
2	Lack of Employment Opportunities	Lack of job opportunities
		Job opportunities (Store & sell to tourists)
		More jobs needed
5	Tired, Hungry, Sleepy	Tiredness
		Hungry
		Sleep
		Tired
		Average teen needs 9 hours of sleep
5	Services	No grocery store
		Wifi - superslow
		Cell tower (bills more \$; distraction when visiting)
		No restaurant
		Lack of pavement, mud, cleanliness
4	Affordable Housing	Affordable housing (to rent or buy) is needed; if we're born here it's hard to envision making a viable life here (can't buy a house like our parents could)
		Housing costs are daunting to youth growing up here
		Affordable housing
		Affordable housing
4	Tourism focused, not community focused	Too much tourism
		Heavy tourism not community focused more focused on tourism economy
		Tourism seems like a bigger priority than residents

		Conflicting interests
1	Connection	sense of isolation
1	Weather	rain
1	Efforts are being made and have come a long way	Efforts are being made and have come a long way
	Question:	How are youth currently leading in community? What could further support?
4	Theme	Item
	Ways youth can contribute	
6	Environment	Awareness: environment
		Surfrider youth club
		Making documentary about the environment
		Youth aren't leading in town, maybe surfrider
		Surfrider youth club
		Beach cleanups, reduce plastic us, environmental efforts
3	Social Justice	Awareness: socio-economic, development
		Sexual assault & me too
		Global foundation
1	Language/Culture	Raising awareness and advocating for language
6	Peer Support	Lead by example
		Help anyone that needs it
		Help someone see they can be more than they think
		Connecting with one another
		<i>Being role models for youth and adults</i>
		Support with grief and loss
5	Mentor younger kids	Teach / support younger kids
		Help run daycares
		Mentor - sports

		Help younger kids
		Youth run daycare
6	Volunteer	Volunteering (cooking/backing, trina-wednesday lunch, bike renting, bike mechanics)
		Food drives, elders luncheons
		Helping during emergencies (opening hall)
		respecting/helping elders
		More opportunity for helping communities
		Surfrider is good - beach cleans
		TFN offers three jobs for grade 12s, try all different types of jobs
1	Employment	Putting forth ideas to leaders
		Participation
		Use social media - hashtag or own account, twitter for youth to speak up, vent, be open #westcoastyouth leadership; And something that is bigger/ could your #speakupyouth(bc/canada/ukee)
4	Youth Voice: Participation/Eng agement	People don't talk about it enough
		Student council
		Lead workshops and youth gatherings (facilitation, event planning, youth worker skills)
		Youth council (ahousaht)
10	Youth Leadership	Leaders in the school, councils, groups, leaders/youth joins on council or as part of organizations
		<i>Lead by example</i>
		Putting action to what we want(prioritizing)
		There are some youth in leadership roles, there can be more!
		Learning things that they can teach
		Happening in jobs, family, peer groups, step up when see the opportunities
		youth/student council
	Ways the community can support youth	
14	Support Youth Voice	<i>People don't talk about it enough</i>
		Recognition

		Recognition at schools and in community (papers)
		Youth advocate
		Lack of voice
		Youth council position (paid with honoraria)
		Have open space for youth led conversation
		Sessions like this where there is a forum to voice issues - maybe in school
		Being listened to, respecting & action plans
		Non-judgemental spaces are needed for people who step up
		Listened to
		Youth advocate
		<i>Being role models for youth and adults</i>
		Want mentors with experience that want to work with youth
		More funding, hire overseer, jobs
		Grant access
		More grants involving youth in conversation
4	Job/Funding opportunities	More specific grants
3	Capacity Building	Office skills ->grant writing
		First aid training
		Further development/support
6	Youth leadership	See results of work
		Involve youth/ invite youth to meetings
		Support for youth leaders that are stepping up
		Youth groups in/out of school leads in school
		Youth reps on council or on organizations
		Include youth input on policy and development plans for community
		Every youth has a counselor they can go see (no barriers)
		Support with grief and loss
		<i>Help someone see they can be more than they think</i>
5	Support	Sexual assault & me too
		<i>Give hope & opportunity</i>

		Further development/support
		No supportive services
		Youth-led programs
		sharing and teaching for different interests...diversify what the school can teach (i.e. photography). More outdoor based activity like marine and alpine hiking Want more variation - mid-term/length...more than one day but not a year long.
		Activities
	Youth Programs/Space 6 s	More accredited extra curricular activities
		Trips to cedar cove
		Trips to bamfield field station
		Youth lounge (games, couches, meeting space, safe space, wifi)
		Engaged staff
		More supportive staff
		Supporting kids to get comfortable sharing and learning
	4 Education	Teachers
		food
	1 Food	
		The structure of the event
	Event Feedback:	Good food
		Open Spaces activity was inspiring
	What did you enjoy today?	I enjoyed everything, we should do it again
		Mentimeter.com was an awesome interactive resource
		Tla-o-qui-aht traditional welcome
		I enjoyed everything
		Everything, even tho I was tired
		Great food
		Collaborating together as youth and an opportunity to be heard by fellow peers
		Not going to school
		The chance to listen to youth
		No school

		Tech not working
		The sound quality of the speakers was minor annoyance
		We should do an icebreaker activity to mix up groups at the start
	What did you not enjoy	
		I did not enjoy being cold
		I enjoyed the food
		Guest Speaker someone famous!! Music!!
	Monthly Uss/Mss Joint Student Council:	Wished for an icebreaker to meet and network with all
	What kinds of speakers and presentations would you like to see?	Musicians
		Surfrider Rep
		Environmental and cultural speaker (ex Gisele Martin)
		-Do more people identify with being anxious or depressed because there is more awareness about mental health?
	-What is the break down of ages, population?	
		-Is some of the reported anxiety and depression about people trying to belong with friends on social media where people romanticise mental illness?
		-Is seasonal affective disorder part of the problem on the West Coast?
	-Kids want different activities – not many are offered.	
	-What about support for different sports? Ie surfing	

	-Access to transportation?	
		-We want to volunteer and no one will take youth on; someone should create a board where youth can find volunteer opportunities locally.

	Question:	What would you like your community to look like in 10 years
Frequency	Theme	Item
10	Activities	activities
		beach activities
		After dark activities that are accessible, advertised better than they are. Just teen age groups
		More activities to keep us busy
		Free programs
		Movie nights
		long term activities and programs
		games, work with young kids
		take care of stray dogs
		sports
11	Recreational Spaces	Poll/Rec center
		Safe place to swim
		Hockey Rink/Gym
		Hockey rink with gym and pool
		Pool open
		playground for kids
		Proper pool
		Playground
		Sports complex (pool)
		Would like to see a gym,
		Safe place to swim where boats don't go
13	Education	More updated school
		High school update

		Bigger school
		More teachers for other courses like cooking, music, film, language, drama photography, woodwork
		No asbestos in the schools
		Real Teachers
		Higher standard for the school
		Teaching younger students
		Taking part in student council
		More trades learning at home
		bigger school
		Get support from teachers
		Social media in schools
13	Housing	Want there to be places to live
		lots of vacant houses
		More supportive housing
		Pros and cons to vacation rentals more sorted out, Revenue source for families, Increasing housing prices
		Coop housing
		Low income housing
		Housing shortage
		Cheaper housing options
		Housing affordability
		Secure housing for all
		Secure safe housing
		Housing availability
		Don't want all of the condos that are being built for tourism
5	Environment	Environmentally friendly, recycling
		Alternative energy (Solar power/wind power)
		More local control over local resources, E.g. fisheries so we can close fishing temporarily, More local stewardship of resources
		Fish farms out, Or moved to isolated areas, Recognizing connectivity and migration, need to reduce impacts
		Need to understand impacts of sport fishing and controlling number of pinipeds

6	Spaces for Youth	Space for youth to hang
		Place for both communities
		Alcohol and drug free places for youth and night- activities, hang out, Wifi, movies, beach activities
		Place to go in the evenings
		Businesses giving back, opening up spaces, hot tub
		More places for youth to go at night/hang out, wifi,
13	Community	Increased connection between Tuff & Ukee, more centered, centralized
		Strong vibrant community
		Less tourist, more community
		Live in an attraction, being able to experience community
		Centralizing interaction of youth between Ukee/Tuff
		Community program
		Help build around the community
		Respect our elders, helping edlers, listening to elders
		Tofino stay smaller with tourism
		Affordability
		Preference for long term locals
		Don't care, going to leave for travel and university
		company/economy unity
9	Accessible Healthcare	better hospital, support for aging folks and new equipment.
		Improvement for hospital, palliative care/birth
		More doctors
		Health facility 24/7 more equipped, more medical training, 24/7 drs and nurses
		Better home care for elders (wheelchair accessibility; new admin office; elevator at school needs to be working)
		More time with youth counsellors and more counsellors
		Help the physicians and the people who ask questions
		Alcohol and drug free
		healthy

	Safe, Affordable & Accessible Transportation	
7		Better transportation "Saltspring"
		Road quality/closure for access to Port and beyond
		More transportation
		Transportation is too expensive
		Need a system so we don't need cars to attend programs and rec
		drinking and driving
		Safe & reliable highways
7	Services	Grocery Store
		Have a vet
		Less need to travel out of town
		FRs and firefighters
		More stores
		Less need to leave town and travel
		Resource drain
4	Nuu Chah Nulth Language	
		What to see more language classes - going door to door to make people know about events
		A day of language at schools, integrate language into class rooms
		More funding opportunities for language class, recording and teaching
		More NCN words around community (language progra; street names, buildings; language program; more collaboration with elders)
5	Safety	Safer
		safe
		Protecting little kids
		safety
		cops less lenient
3	Support for youth	
		Support youth give hope for the future
		More youth can be supported
		Gett support from leaders

2	Youth Leadership Opportunities	Lead by example help people who need support
		Show youth results of their actions
2	Youth in Government	Policy development
		More youth in politics, invite youth to meetings
6	Infrastructure	Big house renovated/redo Tbird hall (new lights at Tbird)
		More of a building for training and emergency storage
		More windows and natural light in houses
		Fix gas leaks
		Fix gas leaks
		Sewage. So much rain yet we drought every summer, worries there water/sewage awareness
2	Job Opportunities (besides tourism)	More job opportunities than just tourism & not environmentally
		Job opportunities besides Tourism
3	Food Security	Soup Kitchen
		Food
		Food security
	Question:	How can we work on the change that we want to see?
	Theme	Item
7	Collaborate with schools, services, businesses	Meeting with C&C
		Meet with AEA
		Meet with holistic centre
		Emily, kate, marcie, linda
		Partner with groups like surfrider
		Local business and organization to engage more
		Bigger organization acknowledgement

7	Communicate with peers, classmates, families, community groups, adults	Coming together on communication issues, writing letters?
		Use your voice
		Talk in class
		Help create more things like this adults will better know
		Increase communications
		Menti.com (survey community groups; share info)
		Talk to families
6	Peer Support	Support to start movement
		Stand up to bullying
		Get help with bullying
		Youth action/adult action
		Relationships
		Collaborate with other youth
6	Participation/Volunteer	Get involved - beach cleans, participate
		Participate in community events, show up at the community center
		Attend classes, first hand experience
		Join board as youth
		Volunteering - calendar
		Take a chance (i.e. join a new position as a youth rep in the district)
4	Youth Leadership	Start with ourselves to make changes to community to region
		Work for it
		follow through - if you say something, deliver it
		Make a crew about a topic

	Gain Capacity and Knowledge to make change/Seek Support	
5		Take training opportunities
		Increase awareness of current programs
		More qualified
		Come to school/ask
		Ask adults to support (ie. letter writing in class)
4	Youth Voice in Government & Policy	
		Speak to council
		Tell our story/infos to MLA's/MPs, people want to hear from youth
		Engage local government
		Outreach - lobby for more
3	Actions	Enter global contest for playground(talk to tritech or hazelwood)
		Take care of stray dogs
		Photos
1	Youth Spaces	Gazebo gathering place
1	Language	Language night every week (invite elders)
1	Financial Support	
		Grants
	Other - omitted	
		? (paper torn) as ____ firefighting
		(paper torn) ____shows problems____changes
	Question:	What are the biggest challenges facing youth in our community
	Theme	Item
18	Transportation	Unsafe drivers (youth drivers)
		Transportation
		Construction on sutton pass and snow
		Boat travel (\$\$)
		Need better transportation between tofino and ukee

		Lack of transportation
		road construction
		Travel
		transportation, link the west coast
		Getting out of town without your license
		Transportation issues
		Long commute from tofino to high school
		Transportation is the biggest issue
		Bus transportation - getting out of town without your license is hard (e.g. Nanaimo before Courtenay)
		Road construction and rain for travelling, it's hard to get to other communities for activities
		Travel
		Concerns about snow in the pass and driving during winter
		road transportation
19	Recreational Activities limited (sports, art)	No indoor recreation sport
		Lack of outdoor activities
		more physical activities to do in the winter
		activity, sports, need space for youth in local initiatives
		sports equipment
		Pool/rec/indoor activities we don't have any during winter
		access to sports
		Gun safety and hunting
		Rain impacts sports
		Hands-on learning and outdoor activities
		I don't have many problems but I surf
		Hands-on learning and outdoor activities-Cooking, woodwork, mechanic, cultural classes, photography
		Activities especially during winter
		Need more after school activities
		Nothing to do, no activities
		Want an art club
		Funding for extracurriculars like art
		After school activities
		Want more youth workshops

4	Limited Recreational Spaces	No bike paths or mountain biking
		Turf field
		Need an ice rink
		No theatre
3	Limited Spaces for youth	drop in tofino, youth general
		Youth centre not open enough
		Community hall in ukee has more activities
4	Educational System & School Infrastructure	education system
		Need quiet learning space
		We want credits for extracurriculars
		No big open library
4	Quality of Education	Higher expectation of students is needed
		USS has low standards academically and we're not ready for uni
		school is not great, quality of education is bad for uni prep
		can be repetitive and not challenging enough for motivated students
5	Equity & Accessibility of Education	Equity for teachers
		Range of student ability and interest in classes is very broad so it's hard to keep everyone engaged
		More hands on learning needed,
		Lack of hands on learning, Gun safety, Outdoor ed in more grades, Culture class, Photography in more grades, Film Making, Music, Cooking Classes, Woodworking, Mechanic.
		Library hours.soare.enviro
3	Bullying/Fitting in	Constantly dealing with douchebag surfers in tofino
		Bullying

		Fitting in
		Speaking up, especially when you're quiet
5	Social Emotional Support	Youth mentorship is needed
		Lack of guidance
		Knowing what is wrong and right, - youth look up to parents, have to stand up for change in community
		Who knows what's right and wrong? Lack of patience
		Family challenges and issues
1	Ageism	Adults think youth are rude
7	Mental health Struggles & Lack of Support	Normalizing discussion about mental health - we do this more than in the past but still have a long way to go
		Depression
		Mental health and depression
		Anxiety from social media
		Depression
		Lack of counseling availability (need more appt times, skype counselors, more counsellors)
		Mental health
7	Substance Use & Misuse	Trying vaping
		Drugs, alcohol, vaping
		High drug use out of boredom
		drugs and alcohol, smoking, cigar, vape
		drugs, alcohol, smoking, marijuana, cigarettes, vaping
		drugs and alcohol, smoking, vapes, marijuana
		Substance abuse
2	Boredom	Its kind of boring here
		Keeping busy is good for us but we're not busy we're bored
4	Lack of Opportunities	Nothing for people between 12-18

		Lack of opportunity
		Need more year round opportunities
		Lack of opportunities
5	Lack of NCN Language	Opa classes and respect for learning
		More culture classes needed
		Lack of NCN Signage
		Lack of language
		Lack of NCN language
2	Seek more Volunteer Opportunities	5 Want more volunteer opportunities
		Want to see youth mentorship with nonprofits and local businesses
2	Lack of Employment Oppotunities	Lack of job opportunities
		Job opportunities (Store & sell to tourists)
		More jobs needed
5	Tired, Hungry, Sleepy	Tiredness
		Hungry
		Sleep
		Tired
		Average teen needs 9 hours of sleep
5	Services	No grocery store
		Wifi - superslow
		Cell tower (bills more \$; distraction when visiting)
		No restaurant
		Lack of pavement, mud, cleanliness
4	Affordable Housing	Affordable housing (to rent or buy) is needed; if we're born here it's hard to envision making a viable life here (can't buy a house like our parents could)
		Housing costs are daunting to youth growing up here
		Affordable housing

		Affordable housing
4	Tourism focused, not community focused	Too much tourism
		Heavy tourism not community focused more focused on tourism economy
		Tourism seems like a bigger priority than residents
		Conflicting interests
1	Connection	sense of isolation
1	Weather	rain
1	Efforts are being made and have come a long way	Efforts are being made and have come a long way
	Question:	How are youth currently leading in community? What could further support?
4	Theme	Item
	Ways youth can contribute	
6	Environment	Awareness: environment
		Surfrider youth club
		Making documentary about the environment
		Youth aren't leading in town, maybe surfrider
		Surfrider youth club
		Beach cleanups, reduce plastic use, environmental efforts
3	Social Justice	Awareness: socio-economic, development
		Sexual assault & me too
		Global foundation
1	Language/Culture	Raising awareness and advocating for language
6	Peer Support	Lead by example
		Help anyone that needs it
		Help someone see they can be more than they think
		Connecting with one another

		<i>Being role models for youth and adults</i>
		Support with grief and loss
5	Mentor younger kids	Teach / support younger kids
		Help run daycares
		Mentor - sports
		Help younger kids
		Youth run daycare
6	Volunteer	Volunteering (cooking/backing, trina-wednesday lunch, bike renting, bike mechanics)
		Food drives, elders luncheons
		Helping during emergencies (opening hall)
		respecting/helping elders
		More opportunity for helping communities
		Surfrider is good - beach cleans
		TFN offers three jobs for grade 12s, try all different types of jobs
1	Employment	Putting forth ideas to leaders
		Participation
		Use social media - hashtag or own account, twitter for youth to speak up, vent, be open #westcoastyouth leadership; And something that is bigger/ could your #speakupyouth(bc/canada/ukee)
4	Youth Voice: Participation/Engagement	People don't talk about it enough
		Student council
		Lead workshops and youth gatherings (facilitation, event planning, youth worker skills)
		Youth council (ahousaht)
10	Youth Leadership	Leaders in the school, councils, groups, leaders/youth joins on council or as part of organizations
		<i>Lead by example</i>
		Putting action to what we want(prioritizing)
		There are some youth in leadership roles, there can be more!
		Learning things that they can teach
		Happening in jobs, family, peer groups, step up when see the opportunities

		youth/student council
	Ways the community can support youth	
14	Support Youth Voice	<i>People don't talk about it enough</i>
		Recognition
		Recognition at schools and in community (papers)
		Youth advocate
		Lack of voice
		Youth council position (paid with honoraria)
		Have open space for youth led conversation
		Sessions like this where there is a forum to voice issues - maybe in school
		Being listened to, respecting & action plans
		Non-judgemental spaces are needed for people who step up
		Listened to
		Youth advocate
		<i>Being role models for youth and adults</i>
		Want mentors with experience that want to work with youth
		More funding, hire overseer, jobs
		Grant access
		More grants involving youth in conversation
4	Job/Funding opportunities	More specific grants
3	Capacity Building	Office skills ->grant writing
		First aid training
		Further development/support
6	Youth leadership	See results of work
		Involve youth/ invite youth to meetings
		Support for youth leaders that are stepping up
		Youth groups in/out of school leads in school
		Youth reps on council or on organizations

		Include youth input on policy and development plans for community
		Every youth has a counselor they can go see (no barriers)
		Support with grief and loss
		<i>Help someone see they can be more than they think</i>
5	Support	Sexual assault & me too
		<i>Give hope & opportunity</i>
		Further development/support
		No supportive services
		Youth-led programs
		sharing and teaching for different interests...diversify what the school can teach (i.e. photography). More outdoor based activity like marine and alpine hiking Want more variation - mid-term/length...more than one day but not a year long.
		Activities
6	Youth Programs/Space s	More accredited extra curricular activities
		Trips to cedar cove
		Trips to bamfield field station
		Youth lounge (games, couches, meeting space, safe space, wifi)
		Engaged staff
		More supportive staff
		Supporting kids to get comfortable sharing and learning
4	Education	Teachers
		food
1	Food	
		The structure of the event
	Event Feedback:	Good food
		Open Spaces activity was inspiring
	What did you enjoy today?	I enjoyed everything, we should do it again
		Mentimeter.com was an awesome interactive resource
		Tla-o-qui-aht traditional welcome
		I enjoyed everything

		Everything, even tho I was tired
		Great food
		Collaborating together as youth and an opportunity to be heard by fellow peers
		Not going to school
		The chance to listen to youth
		No school
		Tech not working
		The sound quality of the speakers was minor annoyance
		We should do an icebreaker activity to mix up groups at the start
	What did you not enjoy	
		I did not enjoy being cold
		I enjoyed the food
		Guest Speaker someone famous!! Music!!
	Monthly Uss/Mss Joint Student Council:	Wished for an icebreaker to meet and network with all
	What kinds of speakers and presentations would you like to see?	Musicians
		Surfrider Rep
		Environmental and cultural speaker (ex Gisele Martin)
		-Do more people identify with being anxious or depressed because there is more awareness about mental health?
	-What is the break down of ages, population?	
		-Is some of the reported anxiety and depression about people trying to belong with friends on social media where people romanticise mental illness?
		-Is seasonal affective disorder part of the problem on the West Coast?

	-Kids want different activities – not many are offered.	
	-What about support for different sports? I.e surfing	
	-Access to transportation?	
	-We want to volunteer and no one will take youth on; someone should create a board where youth can find volunteer opportunities locally.	

Appendix B - List of Existing Youth Programs

<http://www.unac.org/generationsdg>

Activating civic engagement through the creation of youth-led volunteer projects that advance Canada's implementation of the 2030 Agenda for Sustainable Development.

<http://www.northernyouth.ca/>

Dedicated to the development of young leaders in the Northwest Territories. Provide unique camp and workshop experiences and opportunities for youth from across the NWT.

<http://www.seatocedar.org/youth-leadership-paddle-program>

The Youth Leadership Paddle Program is an annual 10-day program, including a 7-day canoe expedition, for Musgamagw Dzawada'enuxw (MD) youth aged 13-18, and is offered at no cost to families. The program has been on-going since 2017.

<https://www.theyes.ca>

The Youth Excellence Society, offering several types of programming for youth

<https://www.outwardbound.ca/courses/west-coast-12-day-indigenous-youth/>

Outdoor leaders courses for youth

<https://www.westerlynews.ca/community/first-nations-youth-warrior-program-revives-cultural-teachings/>

Outdoor education focused youth group that offers weekly gatherings in Ahousaht, Tla-o-qui-aht, and Hitacu.

<https://bgcvic.org/programs/youth-leadership/>

Offering various programs for youth.

<https://www.ylsbc.org/program-overview>

Youth leadership, community service and public speaking

<https://www.dukeofed.org/bc-yukon-do-the-award>

Duke of Edinburgh's award- self guided youth leadership.

The Duke of Edinburgh's International Award is a global non-formal education and learning framework which recognizes and celebrates young people's achievements outside of the classroom. The Award allows young people to determine what they are passionate about, regardless of their background, culture or access to resources. By creating opportunities for young people to develop skills, get physically active, give service and experience adventure, the Award can play a critical role in their development.

<https://www.toastmasters.org/education/youth-leadership-program>

Public Speaking

<https://teentalkingcircles.org/>

Dubbed "The Antidote to Social Media," Teen Talking Circles offers youth opportunities to be face to face with themselves and each other in real time — to share their truth, be heard fully, and to listen fully to others. In circle, teens co-create the safety to feel, to express who they really are and what they're really going through, without fear of rejection or judgment.

Appendix C - Learning Sites and Activities

<u>Learning Sites</u>	<u>Activities</u>
Lone Cone Hostel & Campground Ucluelet Community Center Tofino Botanical Gardens Tofino Community Center Cannery Bay Cedar Coast field station Ahousesht- Maaqtusiis, Aauuknuk lodge Bamfield Marine Sciences Centre Hitacu community center Macoah Opisaht Boat Basin-Cougar Annie's Garden	Kayaking Hiking Camping Ziplining SUP Food Harvesting/foraging Fermenting Food preservation River paddling Wilderness survival Digital Arts Surfing and water safety/swimming Dj music mixing Computers (coding, building,) Treeplanting Music recording Robotics Film/ Movie making Cooking* Gun safety* Woodwork* Mechanics* Cultural classes* Language classes* Photography* Art* biking/bike mechanics* First aid* Alpine hiking* Self care (lot's of teens mentioned being tired)*

	* = generated directly at Youth Vital Conversation
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Appendix D - Useful Contacts (living document)

The full document has multiple tabs and is an evolving document. Follow the link to view the [full spreadsheet of useful contacts](#).

Youth Contacts			
Location	Role	Contact	
Ucluelet District			
Dylan Ramaglia	13 year old		
Tofino District			
Maya Hansen	16 year old		
Ucluelet FN			
1-2 active female teen, check in with community to find out more			
1-2 active male teens			
Toquaht FN			
1 teen			
Tla-o-qui-aht FN			
Roshelle Bob	Summer Youth Worker		
Abby Titian	Summer Youth Worker		
Takota Potter	Summer Youth Worker		
Carol	Summer Youth Worker		
Hayden Seitcher	Warriors Leader		
Daniel Williams	Warriors Leader		

Hesquiaht FN			
3 13 year olds, 1 14 y/o, 1 17 y/p			
all at the hesquiaht school of learning or at home			
Other			
USS class grade 10			
Youth Workers Contacts			
Location & Name	Role	Contact	
Ucluelet District & High School			
Carol Sedgewick	USS principal	csedgewick@sd70.bc.ca	
Toni Baston	Ucluelet youth worker		250-726-6513
Barbara Gudbranson	recreation programmer	bgudbranson@ucluelet.ca	250-726-7772 ext. 223
Jason Sam	USS NCN youth worker	jsam@sd70.bc.ca	
Tofino District	Recreation		
Pamela Zwicker	recreation programmer	pzwicker@tofino.ca	250-725-3229 (705)
Ucluelet FN			
Jenna Millar	Nation Youth Worker	jenna.miller@ufn.ca	
Melody Charlie	NTC youth worker/YFN mother	melody.charlie@nuuchahnulth.org	
Gloria Valentine	oversees youth worker & youth programs	gloria.valentine@ufn.ca	
Toquaht FN			
lisa morgan	director of community services	lisam@toquaht.ca	

marina	expressed interest in supporting youth programs, mother	marinar@toquaht.ca	manager of lands and resources
carlos & sarah??			
government			
noreen frank	admin assistant	noreenf@toquaht.ca	
Tla-o-qui-aht FN			
Gisele Martin	Youth Advocate	gisele.maria.martin@gmail.com	
Iris Frank	Education Director	education@tla-o-qui-aht.org	
Allison Howard			
Marie Frank-Atleo	Family Care Worker	famcare@tla-o-qui-aht.org	
Amy Charlie	Nation Youth Outreach Worker	youthoutreach@tla-o-qui-aht.org	
Margarete Tom	Nation Youth Worker	youth@tla-o-qui-aht.org	
chief & council	later on, when we are ready to develop a program		
Ahousaht FN			
Khetchkie Frank	teacher Maaqtusiis (Culture)	Ketchkie Frank < ketchkie@gmail.com >	
aaron	culture teacher		
tom paul/marsha mack	youth camp coordinators		ahousahtyouthcentre@outlook.com
Kate Drexler	school principal	kate.drexler@ahousahted.ca	
Ethan Willis	teacher Maaqtusiis (Art)		
chief & council			
Hesquiaht FN			
norma	band manager	norma@hesquiaht.ca	
josh charleson	elected chief	facebook/email from website	
vince ambrose	hereditary chief	facebook/phone	

craig mason	school principal	craig.mason0074@hotmail.com	
Ange	grandmother	phone	
Other			
Waylon Mcleod	Youth worker	cyw@wccrs.ca	2507265056
West Coast NEST	nicole	nicole@westcoastnest.org	
Counselors	sarah hagar (Schools)	shagar@sd70.bc.ca	
	sarah hogan (WCCRS)	shoganlight@gmail.com	
	Tara souch (Hospice & TFN)	info@tarasouch.ca	
	Danielle Serge (NTC)	danielle.serge@nuuchahnulth.org	
	Suzy Wetzer (NTC)		
	Kevin Hawker (NTC)	kevin.hawker@nuuchahnulth.org	
	Jason Lefevre (CYMH/MCFD/free gov't service for children/youth)		
Activity & Local Speaker Contacts			
Community Organizations for ACTIVITIES			
ARTS			
Erin	runs tfn art group for girls, owns ultramarine		
Pacific Rim Arts Society			
West Coast Nest	nicole		
Surfrider youth coordinator	alys	youthcoordinator@pacificrim.surfrider.org	
Tofino/ Ukee Chambers	Jen Dart/ Lara Kempts		
ENVIRONMENT			
CedarCoast	Satch and Simon		

Raincoast Education	Mark & Shanti		
Tribal Parks	Gisele		
Parks Canada	Dave Tovell	Tovell, Dave (PC) <dave.tovell@canada.ca>	
EMPLOYMENT TRAINING			
Super host course & affiliate		Sarah Timberlake	
FN CULTURE			
Warriors Program	Ricardo		
Uuqmis TLC	Gisele		
Adventure			
Zipline (TFN territory)	Louis Rouleau	Louis Rouleau <wild@wcwild.com>	
Mental health			
Education			
Health & wellness			
sex education			
harm reduction			
healthy relationships			
Funding			
Brooke's funder?			
Potential business sponserships			

Appendix E - Speakers and Facilitators

First Nations:

Gisele and/or Tsimka Martin

Tyson Touchie and Anita Charleson Touchie

Environment:

Lilly Woodbury-Surf Rider

Simon Nessman

Jess Hutchinson

Musicians (youth request):

Alle Bernadi

Michael Jennings

Tsimka Martin

Sophie L'Homme

Business:

Krissy Montgomery

Ocean Simone Shine

Local Celebrity:

Willie Mitchell

Sara Mclaughlin

Pete Devries

Housing:

Ian Scott (Tofino Housing Corporation)

<https://youthspeakers.ca/>

Topics:

Bullying

Speaking out/up
Public speaking
Racism
Mental health
Depression
Anxiety
Social media
Careers outside of tourism industry
Substance use
Financial literacy (how to save, compound interest, investing)
Peer support

Appendix F - Project Proposal

Follow the link to view our [initial project proposal](#).